

Rialto Unified School District

Aug 5, 2024 thru Aug 9, 2024

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/05/2024																
MS BIC Breakfast	Total	4286														
OATMEAL CHOC-CHIP BAR-2017	1 EACH	4286	290	20	240	3.00	1.80	20.0	110	0.0	22	5.0	47.0	9.0	3.00	0.00
Orange juice, DW, 8oz. 2024	1 EACH	7000	110	0	30	0.00	0.00	20.0	200	60.0	27	2.0	27.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	2786	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			604	32	484	3.00	1.80	373.5	1228	97.99	84	17.85	109.53	10.62	3.97	0.00
% of Calories											55.7%	11.8%	72.6%	15.8%	5.9%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Tue - 08/06/2024																
MS BIC Breakfast	Total	4500														
BURRITO,Brkft.Bn&Ch-Wh-Gr-2 017	1 EACH	4500	177	20	264	3.90	0.76	186.3	168	0.0	0	9.92	18.12	7.3	3.54	0.00
raisin, box 1.33 oz.	box (1.33 oz)	4499	113	0	10	1.70	0.67	23.4	0	0.87	25	1.24	29.91	0.09	0.04	0.00
raisin, box 1.33 oz.	box (1.33 oz)	1	113	0	10	1.70	0.67	23.4	0	0.87	25	1.24	29.91	0.09	0.04	0.00
MILK,1% DW 2024	1 EACH	1500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			410	29	464	5.60	1.43	459.7	1002	0.87	42	19.50	66.03	8.23	4.08	0.00
% of Calories											41.1%	19.0%	64.4%	18.1%	9.0%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Wed - 08/07/2024																
MS BIC Breakfast	Total	4500														
Concha, WG PINK-'24	1 each	4500	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
BANANAS	1 EACH	4499	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	1 EACH	1500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			410	13	281	4.63	2.06	295.1	938	8.79	38	14.43	75.07	7.17	2.11	0.00
% of Calories											36.8%	14.1%	73.3%	15.7%	4.6%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Aug 5, 2024 thru Aug 9, 2024

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/08/2024																
MS BIC Breakfast	Total	4500														
Waffles, Mini Maple 2017	pkg	4500	210	0	170	3.00	0.72	20.0	65	0.0	13	4.0	38.0	6.0	1.00	0.00
Juice, Wildberry, 8oz, 2024	CARTONS	4500	120	0	30	0.00	0.00	20.0	200	60.0	29	0.0	29.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	1500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			450	8	390	3.00	0.72	290.0	1098	60.00	59	12.33	85.00	6.83	1.50	0.00
% of Calories											52.7%	11.0%	75.6%	13.7%	3.0%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Fri - 08/09/2024																
MS BIC Breakfast	Total	4500														
Mini Donuts,WG Powdered Sugar	1 each	4500	280	0	290	2.00	1.08	20.0	110	0.0	22	5.0	42.0	10.0	3.00	0.00
GRAPES,Fresh PKG '23	serving	4499	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serving	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	1 EACH	1500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			431	8	481	2.41	1.21	276.4	989	1.84	47	13.62	67.89	10.99	3.55	0.00
% of Calories											43.5%	12.6%	63.0%	23.0%	7.4%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Weighted Average			461	18	420	3.73	1.45	338.9	1051	33.90	54	15.55	80.70	8.77	3.04	0.00
											105.5%	13.5%	70.0%	17.1%	5.9%	0.0%

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)	
Calories	461			400 - 550	100%														
Cholesterol (mg)	18																		
Sodium 1 (mg)	420			600	70%														
Fiber (g)	3.73																		
Iron (mg)	1.45																		
Calcium (mg)	338.9																		
Vitamin A (IU)	1051																		
Sugars (g)	54	46.87%																	
Vitamin C (mg)	33.90																		
Protein (g)	15.55	13.49%																	
Carbohydrate (g)	80.70	70.05%																	
Total Fat (g)	8.77	17.13%			<=30.00%														
Saturated Fat (g)	3.04	5.94%			<10.00%														
Trans Fat ¹ (g)	0.00	0.00%																	

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Rialto Unified School District

Aug 12, 2024 thru Aug 16, 2024

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/12/2024																
MS BIC Breakfast	Total	4286														
POP TARTS,Wh.Gr Strawberry-2013	PKG. of (2 ea)	4286	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	75.0	4.5	2.00	0.00
Peach Cup, Froz. BIC 2017	SERVING	6000	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Peach Cup, Froz. BIC 2017	SERVING	1	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3786	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			554	6	579	7.75	4.12	426.3	2413	5.24	66	12.82	113.89	4.79	2.17	0.00
% of Calories											47.3%	9.3%	82.2%	7.8%	3.5%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Tue - 08/13/2024																
MS BIC Breakfast	Total	3539														
Uncrustable, Grape Wh,Che-2016	1 each	3539	320	0	320	3.00	1.08	20.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
Juice, Wildberry, 8oz, 2024	CARTONS	5000	120	0	30	0.00	0.00	20.0	200	60.0	29	0.0	29.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3039	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			610	6	564	3.00	1.08	269.4	1277	84.77	72	18.14	92.12	17.35	3.71	0.00
% of Calories											47.4%	11.9%	60.5%	25.6%	5.5%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Wed - 08/14/2024																
MS BIC Breakfast	Total	4069														
UBR - BRKFST CINN ROUND 2 020	1 EACH	4069	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	4069	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	4069	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	2069	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			482	10	369	9.00	3.06	376.3	916	370.80	48	13.51	78.95	11.27	3.26	0.00
% of Calories											40.2%	11.2%	65.5%	21.0%	6.1%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

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Rialto Unified School District

Aug 12, 2024 thru Aug 16, 2024

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/15/2024																
MS BIC Breakfast	Total	4069														
Pancakes, Confetti Bites 2022	pkg	4069	210	10	210	4.00	3.60	20.0	1000	0.0	11	4.0	36.0	7.0	1.00	0.00
GRAPES,Fresh PKG '23	serving	7000	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serving	7000	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	1 EACH	2069	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			436	20	393	5.42	4.06	318.4	1904	6.33	53	13.51	80.09	8.82	1.94	0.00
% of Calories											48.8%	12.4%	73.5%	18.2%	4.0%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Fri - 08/16/2024																
MS BIC Breakfast	Total	4286														
DOUBLE CHOC. BAR- 2017	1 EACH	4286	270	0	230	5.00	2.70	20.0	105	0.0	21	5.0	48.0	8.0	2.50	0.00
Orange juice, DW, 8oz. 2024	1 EACH	7000	110	0	30	0.00	0.00	20.0	200	60.0	27	2.0	27.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	2786	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			584	12	474	5.00	2.70	373.5	1223	97.99	83	17.85	110.53	9.62	3.47	0.00
% of Calories											56.9%	12.2%	75.8%	14.8%	5.4%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Weighted Average			533	11	476	6.03	3.00	352.8	1547	113.03	64	15.16	95.12	10.37	2.91	0.00
											108.9%	11.4%	71.4%	17.5%	4.9%	0.0%

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Rialto Unified School District

Aug 12, 2024 thru Aug 16, 2024

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	533		400 - 550	100%												
Cholesterol (mg)	11															
Sodium 1 (mg)	476		600	79%												
Fiber (g)	6.03															
Iron (mg)	3.00															
Calcium (mg)	352.8															
Vitamin A (IU)	1547															
Sugars (g)	64	48.39%														
Vitamin C (mg)	113.03															
Protein (g)	15.16	11.38%														
Carbohydrate (g)	95.12	71.37%														
Total Fat (g)	10.37	17.51%														
Saturated Fat (g)	2.91	4.92%														
Trans Fat ¹ (g)	0.00	0.00%														

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Rialto Unified School District

Aug 19, 2024 thru Aug 23, 2024

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Mon - 08/19/2024																
MS BIC Breakfast	Total	4286														
Muffins, DBL Choc. 2022	1 ea	4286	280	25	250	2.00	1.80	20.0	85	0.0	17	4.0	44.0	10.0	2.00	0.00
GRAPES,Fresh PKG '23	serving	6000	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serving	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% HOLLANDIA 2017	1 EACH	500	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3786	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			434	29	388	2.58	2.62	290.7	649	2.86	45	12.75	74.58	10.52	2.25	0.00
% of Calories											41.4%	11.7%	68.7%	21.8%	4.7%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Tue - 08/20/2024																
MS BIC Breakfast	Total	3539														
Cinnamon Roll-Wh.Wheat-IW-2017	1 EACH	3539	300	5	310	3.00	1.80	20.0	300	1.2	22	5.0	51.0	11.0	6.00	0.00
Juice, apple 8oz. DW-2024	CARTONS	5000	110	0	30	0.00	0.00	20.0	200	60.0	29	2.0	29.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3039	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			575	11	554	3.00	1.80	269.4	1512	85.97	81	15.97	111.12	11.35	6.21	0.00
% of Calories											56.5%	11.1%	77.2%	17.8%	9.7%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Wed - 08/21/2024																
MS BIC Breakfast	Total	4069														
Muffins, Blue-Buena Vista 22	1 ea	4069	230	25	240	2.00	1.80	20.0	85	0.0	17	4.0	39.0	7.0	1.00	0.00
Craisins, Strawberry	servings	4069	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Strawberry	servings	4069	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	2069	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			570	35	419	8.00	1.80	296.3	1071	0.00	81	12.51	111.95	8.27	1.76	0.00
% of Calories											57.2%	8.8%	78.6%	13.1%	2.8%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

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Rialto Unified School District

Aug 19, 2024 thru Aug 23, 2024

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/22/2024																
MS BIC Breakfast	Total	4069														
Cluster Brk, Whole Grain '22	1 EACH	4069	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	7000	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	7000	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	2069	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			555	10	369	13.32	3.32	390.7	988	637.90	61	13.51	96.24	11.27	3.26	0.00
% of Calories											44.2%	9.7%	69.3%	18.3%	5.3%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Fri - 08/23/2024																
MS BIC Breakfast	Total	4286														
BREAD, STRAWBERRY,fzegg	1 EACH	4286	128	30	87	0.88	0.62	20.8	45	1.96	*12	2.32	19.47	4.63	0.54	*0.00
Orange juice, DW, 8oz. 2024	1 EACH	7000	110	0	30	0.00	0.00	20.0	200	60.0	27	2.0	27.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	2786	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			441	42	332	0.88	0.62	374.3	1163	99.95	*74	15.17	82.00	6.25	1.51	*0.00
% of Calories											*66.9%	13.7%	74.3%	12.7%	3.1%	*0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Weighted Average			515	25	413	5.56	2.03	324.3	1077	165.33	*69	13.98	95.18	9.53	3.00	*0.00
											*119.8	10.9%	73.9%	16.6%	5.2%	*0.0%

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Rialto Unified School District

Aug 19, 2024 thru Aug 23, 2024

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	515		400 - 550	100%													
Cholesterol (mg)	25																
Sodium 1 (mg)	413		600	69%													
Fiber (g)	5.56																
Iron (mg)	2.03																
Calcium (mg)	324.3																
Vitamin A (IU)	1077																
Sugars (g)	69	53.24%				Missing											
Vitamin C (mg)	165.33																
Protein (g)	13.98	10.85%															
Carbohydrate (g)	95.18	73.88%															
Total Fat (g)	9.53	16.65%															
Saturated Fat (g)	3.00	5.24%	<=30.00%														
Trans Fat ¹ (g)	0.00	0.00%	<10.00%			Missing											

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Rialto Unified School District

Aug 26, 2024 thru Aug 30, 2024

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/26/2024																
MS BIC Breakfast	Total	4286														
Mini Donuts, Wh Gr Chocolate	1 each	4286	300	0	290	3.00	1.08	20.0	100	0.0	20	5.0	39.0	13.0	8.00	0.00
Crisps, Apple-Strawberry '22	BAG	6000	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK, 1% DW 2024	1 EACH	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	3786	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			474	6	493	5.70	1.08	237.5	1089	0.00	48	13.12	71.79	13.29	8.17	0.00
% of Calories											40.4%	11.1%	60.6%	25.2%	15.5%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Tue - 08/27/2024																
MS BIC Breakfast	Total	3539														
Waffles, Fun N Fruti '24	pkg	3539	210	35	290	2.00	1.08	8.0	0	0.0	10	5.0	31.0	8.0	1.50	0.00
APRICOT CUP	1 EACH	5000	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
APRICOT CUP	1 EACH	4000	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
MILK, 1% DW 2024	1 EACH	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	3039	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			485	41	498	5.40	2.39	245.1	2257	14.37	*28	14.18	89.86	8.61	1.71	*0.00
% of Calories											*23.3%	11.7%	74.1%	16.0%	3.2%	*0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Wed - 08/28/2024																
MS BIC Breakfast	Total	4069														
CEREAL, MALT-O, Marsh-Mateys 2017	BOWL	4069	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00	0.00
BANANAS	1 EACH	4069	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	4069	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK, 1% DW 2024	1 EACH	2069	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			520	10	552	8.25	18.53	486.4	1875	29.57	64	14.71	110.09	3.94	0.99	0.00
% of Calories											49.4%	11.3%	84.7%	6.8%	1.7%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

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Rialto Unified School District

Aug 26, 2024 thru Aug 30, 2024

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/29/2024																
MS BIC Breakfast	Total	4069														
FRENCH TST Mini Cinna '23	SERV	4069	220	115	330	3.00	1.80	80.0	193	3.6	8	9.0	30.0	8.0	1.50	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	7000	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	7000	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	2069	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			515	125	509	13.32	2.42	390.7	1111	641.50	55	17.51	88.24	9.27	2.26	0.00
% of Calories											43.0%	13.6%	68.5%	16.2%	4.0%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Fri - 08/30/2024																
MS BIC Breakfast	Total	4286														
Egg & Cheese Slider 2018	serving	4286	150	60	370	1.00	0.72	150.0	200	0.0	3	10.0	17.0	5.0	2.00	0.00
Orange juice, DW, 8oz. 2024	1 EACH	7000	110	0	30	0.00	0.00	20.0	200	60.0	27	2.0	27.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	2786	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			464	72	614	1.00	0.72	503.5	1318	97.99	65	22.85	79.53	6.62	2.97	0.00
% of Calories											56.1%	19.7%	68.6%	12.9%	5.8%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Weighted Average			492	51	533	6.73	5.03	372.6	1530	156.69	*52 *95.5%	16.47 13.4%	87.90 71.5%	8.35 15.3%	3.22 5.9%	*0.00 *0.0%
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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	492		400 - 550		100%												
Cholesterol (mg)	51																
Sodium 1 (mg)	533		600		89%												
Fiber (g)	6.73																
Iron (mg)	5.03																
Calcium (mg)	372.6																
Vitamin A (IU)	1530																
Sugars (g)	52	42.45%				Missing											
Vitamin C (mg)	156.69																
Protein (g)	16.47	13.40%															
Carbohydrate (g)	87.90	71.53%															
Total Fat (g)	8.35	15.28%	<=30.00%														
Saturated Fat (g)	3.22	5.90%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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